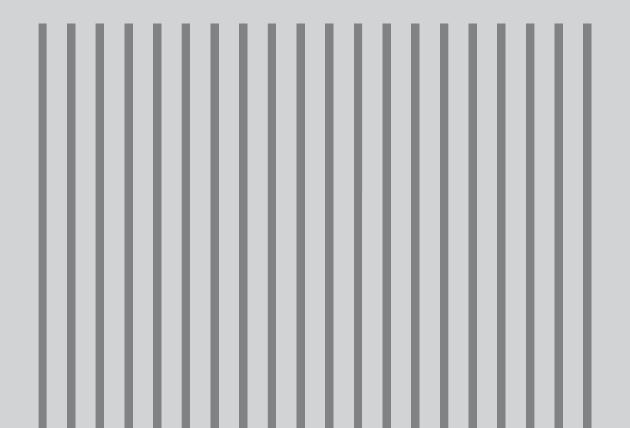


Bilvavi Advice Simple & Practical

A selection of simple practical suggestions from the teachings of Bilvavi Mishkan Evneh



Simple Practical Advice from Bilvavi Mishkan Evneh

Bilvavi Part One Chapter Three ♦ Emunah - Man & His Creator

The author of the Bilvavi Mishkan Evneh series has written extensively on a vast range of subjects in all areas of serving Hashem.

The approach is to reach the inner wisdom which is the deep root of each subject and then to explain the myriad details that enhance that inner wisdom.

This booklet focuses on small and specific portions from the Bilvavi sefarim which, over time, will help the learner build the broader picture which is the heart of the matter.

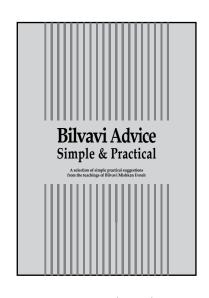
Choose a daily source of strength and renewal from among these selected practical suggestions:

1 One can start various projects and never finish a thing. "A task is accredited only to he who completes it," and in fact, it is only Hashem who brings each thing to completion. Hence, nothing can really be attributed to man's efforts. One can only put forth the effort "from below.... No matter what area a person is working on, he must daven. If he is working on being aware of Hashem, he must recall that on his own, a person is forgetful. If he tries to remember by himself, and does not ask Hashem for help, he will never achieve true awareness. (#67)

2 "Hashem created all that exists. Certainly, this is obvious to any believer, but our task is not to merely know this, our main *avodah* is to actually feel it. The soul must feel that it and the entire world are creations of Hashem." (#68)

3 "Pharaoh is truly the *yetzer hara.*"... which teaches that every soul has a force of evil called Pharaoh ... There is a Pharaoh in the world, and a Pharaoh in the soul. ... **the Pharaoh of the soul exists now in literally each and every Jewish soul**... We must recognize him well and know how to wage war against his false views and the foolish thoughts he sends our way. (#70)

4 ... We must understand that the feeling that we and the entire world are created beings is not at all simple to attain. There is an internal force in a person called "Pharaoh," which prevents a person from feeling this. If we skip this stage, the soul will retain a force that contradicts simple *emunah*. Therefore, we must work hard to instill inside ourselves the simple fact that we are created by Hashem and to sense this at all times. (#71)



בלבבי-חלק א' 8001-008 מספר סדרה בקול הלשון 81062 Building a Sanctuary in the Heart Part One Chapter Three Emunah - Man & His Creator

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Bilvavi Part One Chapter Three ♦ Emunah - Man & His Creator

5 *Harav* Yerucham Levovitz *zt"l* of Mir once expressed the idea that there exists in a man's soul an entire zoo, containing a lion, a bull, a snake, and so on.... Although each soul possesses all of these forces, they are not necessarily evident in every believing person. If one neglects these forces and ignores their presence, he leaves within himself a vacuum and a missing rung on the ladder. Every vacuum and missing rung causes a lack of stability and permanence in one's avodah. Therefore, the proper way is to work with each stage, even those that seem simple and unnecessary, because in fact, there is no stage that can be ignored. (#72-73)

What lies at the root of our spiritual deficiencies, such as our lack of real *emunah* in Divine Providence?...Since the fundamental, simple *emunah* in the existence of the Creator is lacking, there will be a lack in the results of that *emunah*. Therefore, a person must instill within himself the simple emunah that there is a Creator, and the fact that Hashem created him. (#74)

One's age is irrelevant. If one has worked on the simple points, he may progress further, but if not, he must return to the beginning and establish a healthy foundation of simple emunah. Every person who works in this way and properly establishes simple *emunah* in his heart in a living, palpable and clear way, will immediately feel that many of the difficulties he had previously encountered will disappear – or at least, have been diminished. (#75)

There is a
Creator of the
world & He
created me.
The Holy One,
blessed be He,
continually
renews His
creations.

LIVING THE PARSHA - LECH LECHA

(Written by the Rav especially for this publication)

לָד לָד מַאַרְצָד וּמְמוֹלִדְתְּד וּמְבֵּית אָבִיד (בראשית יב, א)

"Go forth from your land, from your birthplace, and from your father's house." (Genesis 12:1)

BEGIN ANEW

In times of spiritual favor, a person should seclude his soul and imagine himself as if he were Adam HaRishon, the first man—created alone, with no one else in existence. Similarly, this was the act of Avraham, who left his land, his birthplace, and his father's house—as though beginning entirely anew.

This power is rooted within us through Avraham Avinu, our forefather, for we are his descendants. It grants us the ability to feel as though we are a new creation in the world—a fresh beginning.

The power of an entirely new beginning originates from Adam HaRishon himself. The power to begin anew upon an existing foundation—to detach from what was and start afresh—this power is rooted within us through Avraham Avinu. Such a beginning is like that of a convert who converts, for Avraham was the father of converts: one who begins again, free from all the boundaries of his past.

Thus, there is the beginning in which Adam was created, and there is the beginning in which Avraham was born.

The more a person merits to begin anew, each time according to his level, the more he will merit the ultimate renewal — the complete renewal of the world in the days of Mashiach and beyond.

PRACTICAL APPLICATION

In this final generation, almost without exception, every person has already lived through many incarnations and carries many impressions within his soul from those lives. Therefore, one must take even a single point—however small—and within it, detach from all habit and conditioning, and begin anew, as a new creation, in actual practice.





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Kol HaLashon

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